

This September, CHC went back to school...80 times. *Partnering with Boards of Education to keep kids healthy*

MacDonough Elementary School
Lawrence School
Smith Elementary School
Northend Elementary
Vance Elementary
New Britain High School
Smalley Elementary
Chamberlain Elementary
Lincoln Elementary School
Gaffney Elementary School
DiLoreto Elementary
Jefferson Elementary School
Holmes Elementary
Nathan Hale School
Harbor School
Jennings School
Winthrop School
Bennie Dover Middle School
ISAAC Middle School
Regional Multicultural Magnet School
Cohanzie Elementary
Great Neck Elementary
Oswegatchie Elementary
Southwest Elementary
Clark Lane Middle
Waterford High School

Friendship School
Dean Mills Elementary School
West Broad Elementary
West Vine Street Elementary
Mystic Middle School
Pawcatuck Middle School
Stonington High School
North Stonington Elementary
Wheeler Middle School
Wheeler High School
Keigwin School
Wilson School
Moody School
Spencer School
Bielefield School
Farm Hill School
Middletown High School
Snow School
Wesley School
Lewin G. Joel Elementary School
Abraham Pierson School
Morgan High School
Jared Elliot Middle School
John Barry
Benjamin Franklin
Nathan Hale

Hanover
Thomas Hooker
Casimir Pulaski
Israel Putnam
Roger Sherman
Brien McMahon High School
Norwalk High School
Thomas G. Alcorn School
Enfield High School
John F. Kennedy Middle School
Frank T. Wheeler School
Linden Street School
Louis Toffolon School
Middle School of Plainville
Plainville High School
Prekindergarten Program
Maloney High School
Lincoln Middle School
Washington Middle School
Platt High School
Slade Middle School
Brownstone Intermediate School
Gildersleeve School
Portland High School
Portland Middle School
Valley View School



our mission

Community Health Center is a private, non-profit agency providing primary health care and social services. Its quality health care services are available to all, and particularly to those who cannot gain access to such services elsewhere. The Community Health Center takes leadership in promoting interagency cooperation. It is based on consumer control and is committed to ensuring human rights and respecting human dignity; as such, it strives to be a voice and vehicle for social change.

FALL '07 NEWSLETTER

Stamford Grand Opening



After six years, the Dental Center of Stamford had outgrown its original home on Elm Street. When it looked to expand, it found both larger quarters and an incredible "home" in the St. Luke Family Life Center building at 141 Franklin Street. With twice as many dental operatories, digital radiographs, and plenty of space to expand its services, the Dental Center's new home is a gift to staff, patients, and the community.

On September 19th, Mayor Dan Malloy joined CHC Dental Center of Stamford founders at the podium to congratulate them on nurturing the Center from its beginning through today.

While currently, the location is still only providing dental care, the facility is already outfitted for primary medical care and behavioral health care. The Dental equipment at the new center is state-of-the-art, offering new equipment such as digital x-ray machines, electronic medical records and a phone line that will provide translation services to patients in over 100 languages.

Adele Gordon, Director, thanked Mr. Richard Taber, CEO of the First County Bank of Prospect Street, without who's generous support the expansion would not have been possible.

Above, clockwise from top left: Adele Gordon and Marty Milkovic, ED COHI. Peter Gillies and Dr. Margaret Drozdowski. Nancy Jalbert and Deb Ward. Sandra Siegertel with Stamford Community Development Block grant, Dr. Alan Weiss, SPNS grant, and Marilee Beebe-Kostrun.

Below from left to right: Tom Diaz, Dr. Donald Case, DMD, CHC Board member, Kelly Huzina, Stamford Mayor Dannel Malloy and Dental Center Director Adele Gordon at the floss cutting ceremony for the Dental Center of Stamford.



Serving underserved and uninsured patients at Connecticut's largest network of community health centers.



FALL '07 NEWSLETTER



Community Health Center, Inc.

635 Main Street
Middletown, CT 06457

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Disease Management Call Center opens

Patients living with diabetes often need additional support, above and beyond what they can get during visits to the health center. Many private insurance companies hire Disease Management companies to make calls to patients and help them manage chronic illnesses like diabetes. Evidence shows that such programs improve clinical outcomes and save money.

Thanks to a grant from the Connecticut Health Foundation, CHC is bringing this approach to its patients as well. Six nurses, trained by CHC, now staff a call center in Meriden and make calls to patients with diabetes. They screen patients for any changes or complications, emphasize medication adherence, and help encourage health lifestyle changes. All this work occurs on the telephone and is recorded in CHC's new electronic health record, to ensure that everyone on the care team knows what is happening.

According to Dr. Daren Anderson, the director of this program, "Patients have been tremendously receptive to this additional service. They feel cared for, and encouraged to adhere to their care plan." Program staff feels that patients are more able to stick to healthy behaviors when they know they will be getting a call periodically.

Taking ideas from the private sector and adapting them to the health center environment is one more way that CHC is taking the lead in innovation, developing a quality primary care system for the future.



Top photo: Mayra Cagganello, Joan Christison-Lagay, Dr. Daren Anderson, and Carmen Harris. Bottom left: Carmen Harris. Bottom right: Mayra Cagganello.

BREAST AND CERVICAL CANCER EARLY DETECTION PROGRAM

THIS PROGRAM IS THE SINGLE MOST IMPORTANT STRATEGY IN EXISTENCE

The Breast and Cervical Cancer Early Detection Program (BCCEDP) provides screening and diagnostic services to medically underserved women in Middlesex County. The program was designed to reduce breast and cervical cancer morbidity and mortality by diagnosing breast and cervical cancer at its early stages, when it's the most treatable. BCCEDP is both federally and state funded and CHC has been a member for seven years.

"This program is the single most important strategy we have to make sure women don't suffer more, and die earlier, from these cancers because they couldn't afford the screening tests" says Elizabeth Cowper, who directs the program for CHC. "Our program means there is no wrong door in Middlesex County for uninsured women who need mammograms, Pap Smears, and follow up care for abnormal tests."



Shown below and at right: People Dance the night away at the Octoberball with all proceeds donated to the CT Breast Cancer Coalition.

In honor of National breast cancer awareness month, BCCEDP and Vinnie's Jump&Jive collaborated to host a swing dance, **Octoberball**. People from all over the state were invited to help honor those who have past from breast cancer, support women who are battling breast cancer and educate young women on the importance of breast health. Proceeds were donated to the CT Breast Cancer Coalition for its emergency fund, which goes to help pay for non-medical expenses for women who are currently diagnosed with breast cancer.

WYA "WHEREVER YOU ARE" PROGRAM

According to the Connecticut Coalition To End Homelessness, 33,000 people in Connecticut experience homelessness in any given year, and of these, 13,000 are children. With a grant provided by the support of the federal "health care for the homeless funds," the "Wherever You Are" program is designed to meet the needs of homeless individuals of Middletown, New Britain and Meriden, *where they are*. The W.Y.A programs, under the direction of Dr. Susan Hadley, treats a wide range of health problems and links patients back to a medical home. The team visits both homeless shelters and domestic violence shelters. The program prevents unnecessary emergency room visits and brings healthcare and comfort to a population in great need.



These pictures highlight the versatility of the CHC's Electronic Health records integrate with the "Wherever You Are" program and the homeless population. Using the portable laptops, whether a patient is in the woods or at a CHC site, they get the same quality care.

