



OUR MISSION

To strengthen the capacity of Connecticut's families to meet the developmental and health-related needs of their infants and toddlers who have delays or disabilities.

We do this by providing early intervention using natural learning environment practices, coaching, and a primary service provider with full team support for each family.

REFERRALS

211 Child Development

(p); **800-505-7000** (f); **860-571-6853**

211childcare.org

WEBSITE

Birth23.org

- Contact information for the 20 contracted programs by town
- Policies, procedures, and forms
- And more!

QUICK FACTS

- No out-of-pocket cost to families.
- Open to all children in CT ages 0 to 3 years who have a significant delay in development or diagnosis that is likely to cause a developmental delay.
- Anyone with a concern or question about a child can make a referral.
- Each family has a service coordinator who helps them connect with resources/supports and transition.



WHO TO CONTACT WHEN A CHILD IS ENROLLED

- 1 Call the assigned Birth to Three program providing support. Use QR code below for contact information.
- 2 Not sure who to contact? Use the Birth to Three Main Email: **ctbirth23@ct.gov**. Please list topic in the subject line.
- 3 Additional information:
1-800-500-4440





Your baby
deserves a
GOOD START
in life!

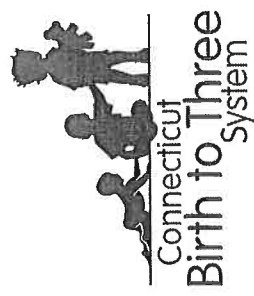
Babies have a lot
to learn, but not all
babies are learning
as well as they can.

Here are some examples of typical child development:

- | | |
|--|--|
| <p>1-3 months</p> <ul style="list-style-type: none"> • able to suck and swallow • startled by loud noise • pays attention to faces nearby • makes soft, throaty, gurgling sounds | <p>12-15 months</p> <ul style="list-style-type: none"> • comes when called by name • drinks from a cup • takes turns rolling a ball with you • shakes head to mean "No" |
| <p>3-4 months</p> <ul style="list-style-type: none"> • holds a rattle and shakes it • holds head up well • shows gains in height and weight • smiles at familiar people | <p>15-18 months</p> <ul style="list-style-type: none"> • looks at picture books • likes to push, pull, and dump things • tries to talk and repeat words • walks without help • nods head to mean "Yes" |
| <p>4-6 months</p> <ul style="list-style-type: none"> • reaches for and grasps objects • moves toys from hand to hand • rolls from tummy to back and back to tummy | <p>18-24 months</p> <ul style="list-style-type: none"> • carries objects while walking • uses 5 or 10 words • gives hugs and kisses • follows simple directions |
| <p>6-9 months</p> <ul style="list-style-type: none"> • babbles and laughs out loud • sits up without help • plays peek-a-boo and pat-a-cake • creeps or crawls forward on tummy by moving arms and legs | <p>24-30 months</p> <ul style="list-style-type: none"> • runs well, with few falls • holds a crayon, likes to scribble • can eat without help • asks simple questions |
| <p>9-12 months</p> <ul style="list-style-type: none"> • pulls to a stand • picks up small objects • waves "bye-bye" • points at something to draw your attention | <p>30+ months</p> <ul style="list-style-type: none"> • helps with getting dressed • walks up and down stairs • sings simple songs • understands right from wrong |

If your baby or toddler is not yet doing most of the things expected for his or her age . . . help is available from the Connecticut Birth to Three System.

Call 1-800-505-7000 or visit
www.birth23.org and click on "Referrals".
FREE Evaluation • Confidential • Multi-lingual/TDD



This product was developed using funds provided under the Individuals with Disabilities Education Act, Part C awarded to the CT Department of Developmental Services. Dannel P. Malloy, Governor

CT OEC Family Resources



Parent Cabinet

CONNECT • LISTEN • PARTNER • ACT

The Connecticut Office of Early Childhood (OEC) is a state agency with a mission to make sure all young children have the education, care and support they need to reach their full potential.

OEC ensures child care centers and group homes meet health and safety standards, so all children get TLC (Trusted Licensed Care). OEC funds various programs, resources, and supports that are available for families with children from birth through five years of age, and beyond.

FIND & PAY FOR CHILD CARE

211childcare.org:

2-1-1 Child Care makes it easy to find openings in licensed child care programs in your area. Search and find trusted, licensed child care options for your children.

Care4Kids:

The Care 4 Kids program makes child care affordable for low- to moderate-income families in CT. With Care 4 Kids, parents get financial help for the child care they choose.

EARLY DEVELOPMENT & EDUCATION

Head Start / Early Head Start:

The OEC collaborates with federally funded Head Start and Early Head Start programs statewide. Serving children birth through age 5, Head Start programs support children's growth and development through services offered in early learning, health, and family support and well-being. Head Start is free for those who qualify.

Childhood Development:

The OEC has resources to help support a child's early development, like the Little Wonders campaign, which shows the importance of the first 5 years in a child's life—and how parents, grandparents, caregivers, providers, and communities play a role in helping children thrive during this brief window of time.

Sparkler:

Sparkler is a FREE mobile app that helps parents check in on how their child is doing against key milestones—and provides activities to spark their early learning.

School Readiness and Child Day Care programs:

OEC funds early care and education programs across the state through several different grants and contracts. These funded programs provide affordable, high-quality early care and education services through a sliding fee scale based on family income.

FAMILY SUPPORTS

CT Birth to Three:

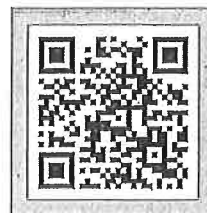
CT Birth to Three helps families with their child's development and connects them to programs in their communities. For concerns about the development of a child under age 3, Birth to Three can assess and provide support.

Home Visiting:

Home visiting programs improve the health of young children by providing support and services for them and their families—right in their own homes. Programs reach pregnant women, expectant fathers, and parents and caregivers of children under the age of 5.



**Connect with your OEC
Parent Cabinet
representative today for a
parent-to-parent
understanding around the
programs OEC offers.**



Explore all of the resources and supports available for families on the OEC website at ctoec.org or scan the QR code.